

INFORMATION FOR TEAM MANAGERS
4J Studios scottishathletics Indoor SUPERteams
Sunday 26th January 2025
Emirates Arena, London Road, Glasgow, G40 3HG

We look forward to welcoming you and your teams to the Emirates Arena for the 4J Studios **scottishathletics** Indoor SUPERteams competition. Clubs are asked to share this information with athletes and their families to ensure that all attendees are prepared for the event.

All relevant information, including the final timetable and pool list can be downloaded from the Fixture Page on the **scottishathletics** website: [4J Studios scottishathletics SUPERteams](#)

Event Help Line

Mobile No. **07522556771** is available to athletes, coaches, officials or spectators for on the day enquiries, if required. If unanswered, a message should be left detailing name, issue and return contact telephone number. If any team is running late for declarations, the team manager should also call this number to declare by phone before declarations closes.

Spectators, Coaches and Team Managers/Chaperones

All non-athlete attendees should have registered with **scottishathletics** in advance via the dedicated Coaches, Team Managers and Spectators page [here](#). Parents can register via their child's account if they are not members themselves. All attendees will need to show their confirmation e-mail (either printed or on a mobile device) to gain access to the venue on the day.

Online entry fees: Spectators - **£3** Team Managers (1 per team) - **Free**

A pay on the day option of **£4** (by card only) is available for those who have not registered in advance.

Entry to the stadium will be through Level 3. There will be no admittance through the building's main reception area. Registration will open at 0830 and will close 60 minutes before each team's first event.

Car Parking

We anticipate a large number of cars to arrive at the venue, so please ensure you arrive in plenty of time to park before you need to declare/meet your teams. All drivers must be considerate to local residents and venue users and park responsibly.

Declarations

SUPERteams declarations forms will be available on the morning of the event. Paperwork should be collected and completed by team managers on behalf of their teams. SUPERteams athletes should not report to declarations, but instead make their way directly into the arena on arrival to meet up with the rest of their team. It is suggested that team managers share an on-the-day contact number with their team members and/or choose a specific meeting place for their athletes if they will not be arriving at the venue as a team. Team managers must select their teams from the pre-entered athlete pools. No new athletes may be named in any team on the day.

Team packs will be provided upon return of the declarations form. Teams should consist of 4 girls or 4 boys, and each athlete will be assigned an individual number. Team managers **must** ensure that athletes wear and compete in the same number as noted on the declarations sheet. All teams should try to fill all places in their teams, but non-scoring composite teams can be created on the day if required. Please ask at declarations for details.

Each team will be required to name one team manager/chaperone on their declarations sheet. This must be a different person per team within the club. This person will accompany the team around their events on the day, and may be asked to assist with some officiating duties whilst the athletes they are supporting take part. No prior athletics knowledge is necessary as officials will provide instructions on the day. This person could be a club coach, volunteer or parent helper as identified by the club. This person **does not need to** purchase a spectator ticket for the event, but should book online as a Team Manager so they can be easily identified on arrival.

Accreditation

Access to the competition area on the ground floor of the Emirates Arena will be restricted to **scottishathletics** officials, athletes and team managers/chaperones only. Spectators and non-competing athletes will not be permitted to roam in this area.

Team managers will be issued a wristband within their team pack. This wristband will grant access to the warm-up area. Athletes must wear, or have possession of, their race number to access the warm up area. Each team pack will contain **one** wristband for that team's team manager/chaperone.

Warm Up Area

The warm-up area is located behind the seating on the back straight of the track. The sand pit in this area will be used as a competition venue and will not be available for warming up. Congestion outside the warm up area must be kept to a minimum. Athletes who are not warming up for their events must NOT 'base' themselves in this area and should return to seats within the stand.

Athletes, team managers and officials must make themselves familiar with the warm-up area etiquette. Athletes and team managers must also listen for announcements made within the warm up area regarding potential assembly and timetable changes.

Glasgow Life rules state that open containers will not be permitted within the competition area. Sports bottles, containing water only, will be allowed within this area. Stadium staff and security will operate checks, with any prohibited items being confiscated.

Event Assembly Area

Athletes should report to the assembly area on the back straight at least 10 minutes before the scheduled start time for their event. Officials will allocate athletes' lanes at track assembly. Pool numbers will be displayed at assembly for field events, and athletes should assemble at their pool number, from which they will be collected and escorted to the field event site.

Presentations

Presentations will be conducted as soon as possible following the conclusion of the events and will be held on the podium within the facility. Teams and spectators are encouraged to stay for the presentations.

Rules

This event will be held under UKA Rules for Competition Incorporating World Athletics Rules effective from 1st April 2024. A copy is available from the UK Athletics website: [Competition Rules](#).

Athletes will use 2kg OUTDOOR shot puts at this event.

Spikes should not be worn outside of the athletics arena at any time. Spike length must not exceed 6mm. Please note spikes will NOT be on sale at this event. Under no circumstances will athletes be allowed to use needle spikes on the Mondo surface. Any athlete found to have these spikes whilst using the Mondo surface will be asked to remove them immediately.